

-HIGH SCHOOL ONLY-
A LA CARTE LINE

STUDENT MEALS-1 Free Daily (entrée only 2.95)
PICK 3 COLORS FOR A MEAL WITH ONE BEING
A FRUIT OR VEG.

THE MEAL BUNDLE INCLUDES-

Main Entrée =(2 grains & 2 m/ma components)
1 Fruit and 1 vegetable (may take both)(1/2 c – 1c)
4 oz 100% Juice – fruit component (Extra Fruit Daily)
Milk

(MILK, 1 FRESH VEGETABLE and 1 FRESH FRUIT or 1 JUICE)

ALL MAIN ENTREES ARE GRAINS & M/MA COMPONENTS

MAIN ENTRÉE CHOICES (2 OR MORE OPTIONS DAILY)
(Menu may change without notice)

MONDAY-WG CHICKEN SANDWICH OR WG PIZZA

TUESDAY-WG-PIZZA BREAD OR HOTDOG/FRIES

WEDNESDAY-WG-PIZZA OR POPCORN CHICKEN

THURSDAY-WG-BOSCO/SAUCE OR CHEESEBURGER/FRIES

FRIDAY-WG-PIZZA OR POPCORN CHICKEN

DAILY ENTREES

Additional Entrees Listed Daily

WG-UNCRUSTABLE PB/J

FRUIT OPTIONS-1/2c - 1 c. serving sizes (Variety Daily)

Apples

Oranges

Banana

Pears

Tangerines

Grapes

Melon

Fruit Cup-peaches, mixed fruit, applesauce, pears, strawberries

100% apple /orange juice/grape-1/2c

VEGETABLE OPTIONS-1/2 c.-1c. serving sizes (Variety Daily)

Broccoli

Cauliflower

Carrots

Celery

Cucumbers

Cuban Black Bean Salsa

Green/Red Peppers

Lettuce-1 c

Onion

Radishes

Tomato

Beans

Hummus

Three Bean Salad

All packaged SNACK items are a la carte items

Require cash/ NO charging ALL SNACKS

“This institution is an equal opportunity provider and employer.”

Cristy Croson-Supervisor of Food Service

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