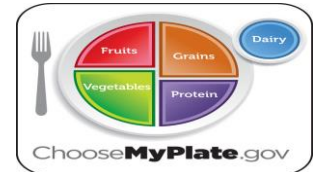




NEWTON COMMUNITY SCHOOLS

LUNCH MENU-OCTOBER 2018

Milk will be served with all meals



Monday	Tuesday	Wednesday	Thursday	Friday
8 Salad Bar Daily 7-8 Alternate Entrée-PB/J Sand 9-12 Alternate Entrees & Salad Bar Daily 9-12 Additional Fruit/Veg Options				
Please deposit money on a regular basis and keep a positive balance.				
1 *French Toast/Syrup Sausage Patty Sweet Potato Fries Strawberries HS-Greek Yogurt	2 *Garlic Cheese Bread Spinach Salad-Tom. Baby Carrots Banana *Cookie	3 *BBQ Beef Sandwich Baked Tri-Tater Baked Beans Pineapple Melon Salad	4 *Chicken Nuggets M. Potato Steamed Green Beans Craisins BMS & HS-*WG Roll	5 *Walking Taco (lettuce, cheese, salsa) Steamed Corn Peaches Raspberry *Churro
8 *Mini Pancakes/Syrup Baked Wedges Strawberries Yogurt HS-Sausage Patty	9 *Chicken Bacon Wrap (Cheese & Lettuce) Black Bean Salsa Banana *Tortilla Chips	10 New Entrée Cheeseburger on *Pretzel Bun Baked Tater Gems Broc. Salad Mixed Fruit	11 Beef *Nachos (lettuce, cheese,sauce) *Seasoned Rice Mexicali Corn *AppleCrisp	12 *Pizza Romaine Mixed Salad Baby Carrots Pears
15 New Entrée Brkt Bacon/Egg *Pizza Sweet Potato Fries Apple Slices BB *Muffin Squares	16 *Italian Dunkers/Sauce Spinach Salad Steamed Green Beans Banana	17 *Chicken Sandwich Fresh Veggies-Dip Watermelon *M & M Cookie	18 *Mini Corndog Baked Beans Tri-Tater Cantaloupe/Grapes	19 *Popcorn Chicken M.Potato Steamed Broc/Cheese Apricots *Breadstick
"NATIONAL SCHOOL LUNCH WEEK"				
22 *French Toast/Syrup Vanilla Yogurt Baked Wedges Strawberries HS-Sausage Patty	23 *BBQ Pork Sandwich Tater Gems Baked Beans Peaches	24 *Chicken Strips M. Potato Steamed Veggies Apple Slices *Roll	25 *Hotdog Baked Chips Fresh Veggies-Dip Craisins	26 NO SCHOOL
29 NO SCHOOL	30 *Pizza Dippers/Sauce Spinach Salad w/tom. Steamed Corn Orange Slices	31 Trick or Treat *Crispito (Chili & Cheese) Spanish *Rice Spooky Green Beans Boo! Slushy	Elementary Lunch \$ 2.70 per day BMS 5-8th \$ 2.80 per day High School 9-12 \$ 2.90 per day Reduced Lunch \$.40 per day Adult Lunch \$ 3.65 per day	

Please deposit money in your child's account on a regular basis.

*Whole Grain Product/Wheat

Alternate Entrée K-6

Mon.-Sunbutter/Jelly Sand/String Cheese

Tues.-Turkey/Cheese Sandwich

Weds.-Ham/Cheese Sandwich

Thurs.-Turkey/Cheese Wrap

Friday-Ham/Cheese Sandwich

Menu Prepared By: **Cristy Croson-SNS**



Breakfast \$ 1.30 per day

Reduced Breakfast \$.30 per day

Adult Breakfast \$ 1.55 per day

Account Balance Information

crosonc@newtoncsd.org

"This institution is an equal opportunity provider and employer."

(menu may change without notice)

Food Service Supervisor

641-792-5797 ext. 2001