


NEWTON COMMUNITY SCHOOLS

LUNCH MENU-NOVEMBER 2018

Milk will be served with all meals



Monday	Tuesday	Wednesday	Thursday	Friday
8th Salad Bar Daily 7-8 Alternate Entrée-PB/J Sand 9-12 Alternate Entrees & Salad Bar Daily 9-12 Additional Fruit/Veg Options			1 Grilled Chicken Breast M. Potato/Gravy Steamed Broc/Cheese Pineapple/Straw. WG *Roll	2 *New Entrée Philly/Cheese *Flatbread (grilled onions & peppers) Mixed Salad Applesauce *Tortilla Chips/Salsa
Please deposit money on a regular basis and keep a positive balance.				
5 *Mini Pancakes Pkg Syrup Baked Wedges Strawberries Yogurt HS-Sausage Patty	6 *Cheeseburger Baked Fries Baby Carrots Banana	7 Chicken Alfredo *Pasta Steamed Veggies Peaches Cottage Cheese *Breadstick	8 *Mini Corndogs Baked Beans Tri-Tater Apple Slices *Cookie	9 *Mandarin Chicken Stir Fry Vegetables *Seasoned Rice Mandarin Oranges *Fortune Cookie
12 *Sausage Pancake Wrap/Syrup Sweet Pot. Crisscut Orange Juice BB *Muffin Squares HS-Fresh Fruit	13 *Softshell Taco (lettuce, cheese, salsa) Refried Beans Steamed Corn Apple Slices	14 *Chicken Sandwich Onion Rings Mixed Salad Pineapple Melon Salad	15 Turkey Gravy on Mashed Potato Steamed Broc/Cheese Apricots WG *Roll Frosted *Pumpkin Bars	16 *Mr. Rib Baked Fries Fresh Veggies-Dip Peaches
19 *French Toast/Syrup Baked Tater Gems Strawberries Yogurt HS-Egg Omelet	20 *Bosco/Sauce Spinach Salad Steamed Green Beans Banana *Snickerdoodle	21 *Meatball Sub Baked Chips Fresh Veggies-Dip Apple Slices	22 	23 NO SCHOOL
26 NO SCHOOL	27 *Pizza Dippers/Sauce Spinach Salad Baby Carrots Banana Blueberry Lemon *Bites	28 *Chicken Bacon *Wrap (lettuce & cheese) Broc. Salad Tangerine *Tortilla Chip/Salsa	29 Chili/*Crackers Fresh Peppers/Celery Strawberry Applesauce *Homemade Cinn. Roll	30 *Cheeseburger (pickles & lettuce) Smiley Fries Pineapple/Straw.

Please deposit money in your child's account on a regular basis.

*Whole Grain Product/Wheat

Alternate Entrée K-6

Mon.-Sunbutter/Jelly Sand/String Cheese

Tues.-Turkey/Cheese Sandwich

Weds.-Ham/Cheese Sandwich

Thurs.-Turkey/Cheese Wrap

Friday-Ham/Cheese Sandwich



"This institution is an equal opportunity provider and employer."

(menu may change without notice)

FREE AND REDUCED MEAL APPLICATIONS AT ALL BLDG. OFFICES

Elementary Lunch

\$ 2.70 per day

BMS 5-8th

\$ 2.80 per day

High School 9-12

\$ 2.90 per day

Reduced Lunch

\$.40 per day

Adult Lunch

\$ 3.65 per day

Breakfast

\$ 1.30 per day

Reduced Breakfast

\$.30 per day

Adult Breakfast

\$ 1.55 per day

Account Balance Information

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