

# NEWTON COMMUNITY SCHOOLS

## LUNCH MENU-AUGUST/SEPT 2018

Lo-Fat Milk will be served with all meals

**All Accounts Need To Be Paid in Full Daily-Free/Reduced Applications at all Buildings**

Monday	Tuesday	Wednesday	Thursday	Friday
7-8-Salad Bar Daily 7-8-Alternate Entrée-PB/J 9-12-Alternate Entrée Menu 9-12-Salad Bar Daily 9-12-Additional Fruit/Veg		<b>WELCOME</b>  shutterstock - 2015828265	23 *Cheese Pizza Steamed Corn Mixed Salad Strawberry Applesauce	24 *Chicken Nuggets M. Potato Steamed Broc/Cheese Orange Slices *Breadstick
27 *French Toast/Syrup Baked Wedges Peaches Yogurt <b>HS-Egg Omelet</b>	28 *Cheeseburger Baked Fries Baby Carrots Pineapple Melon Salad	29 Fajita Chicken *Wrap Mixed Salad w/radishes Banana *Tortilla Chips/Salsa	30 *Mini Corndog Baked Beans Smiley Fries Raisins	31 *Mandarin Chicken *Seasoned Rice Stir Fry Vegetables Mand. Oranges *Fortune Cookie
<b>SEPTEMBER</b> 3 <b>Labor Day</b>	4 *Stuffed Crust Pizza Romaine Saladw/carrots. Fresh Celery-Dip Apple Slices	5 *Turkey/Cheese Wrap Fresh Veggies-Dip Banana *Tortilla Chips/Salsa	6 *Popcorn Chicken M. Potato Steamed Green Beans Peaches <b>BMS &amp; HS-*WG Roll</b>	7 *Meatball Sub Baked Tots Baby Carrots Pears
10 Egg Omelet on *Tortilla Baked Tater Tots Strawberries <b>HS-Sausage Patty</b>	11 *Chicken Sandwich (lettuce & tomato) Sweet Pot. Crisscut Pineapple	12 Beef & Bean *Nachos (lettuce,cheese,salsa) *Seasoned Rice Refried Beans Peaches	13 *Pizza Dippers/Sauce Spinach Salad Baby Carrots Apple Slices	14 *Chicken Strips M. Potato Broc/Cheese Mand. Oranges *Breadstick
17 *Brkt. Sausage Pizza G.Peppers/Caulf-Dip Strawberries Yogurt	18 *Mr. Rib Baked Fries Fresh Broc-Dip Watermelon	19 Fajita Chicken *Wrap (lettuce & cheese) Black Bean Salsa Banana *Tortilla Chips	20 Chili/*Crackers Baby Carrots Applesauce Cup *Homemade Cinn. Roll	21 *Italian Dunkers/Sauce Spinach Salad w/Tom. Green Beans Pears
24 <b>NO SCHOOL</b>	25 *Pizza Pepperoni Romaine Salad Steamed Green Beans Fresh Melon/Grapes	26 *Cheeseburger Baked Beans Fresh Veggies-Dip Banana	27 *Teriyaki Chicken *Seasoned Rice Stir Fry Vegetables Clementines *Fortune Cookie	28 *Chicken Sandwich (lettuce & pickles) Smiley Fries Pears

**Free/Reduced Lunch Applications at all Buildings (Re-Apply Yearly)**

#Menu may change without notice

\*Whole Grain Product/Wheat

**Alternate Entrée-K-6**

Mon.-Sunbutter/String Cheese

Tues.-Turkey/Cheese Sandwich

Weds.-Ham/Cheese Sandwich

Thurs.-Turkey/Cheese Wrap

Friday-Ham/Cheese Sandwich

"This institution is an equal opportunity provider and employer"

Menu Prepared By: **Cristy Croson**



Food Service Supervisor

**Elementary Lunch** \$ 2.70 per day

**BMS-5-8th** \$ 2.80 per day

**High School-9-12** \$ 2.90 per day

**Reduced Lunch** \$ .40 per day

**Adult Lunch** \$ 3.65 per day

**Breakfast** \$ 1.30 per day

**Reduced Breakfast** \$ .30 per day

**Adult Breakfast** \$ 1.55 per day

**Questions-Please Call-641-792-5797 ext. 2001**

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