


# NEWTON COMMUNITY SCHOOLS

## BREAKFAST MENU-AUGUST/SEPT. 2018

Lo-Fat Milk will be served with all meals

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |
|--|---|---|--|--|
|  |  |   | 23   | 24   |
|  |   |   | *Cereal Bar/Yogurt<br>Raisins<br>100% Juice<br>Milk              | Egg Omelet<br>on *Tortilla<br>Apricots<br>100% Juice<br>Milk |
| 27   | 28  | 29  | 30   | 31   |
| *Cereal/*Toast<br>Applesauce Cup<br>100% Juice<br>Milk | *Breakfast Pizza<br>Peaches<br>100% Juice<br>Milk                                 | *UBR<br>Pineapple Melon<br>100% Juice<br>Milk                           | Egg & Cheese<br>on a *Bagel<br>Mixed Fruit<br>100% Juice<br>Milk | *Mini Pancakes<br>Craisins<br>100% Juice<br>Milk             |
| 3  | 4   | 5   | 6  | 7  |
| <b>SEPTEMBER</b><br><br><b>LABOR DAY</b>               | *Cereal/*Toast<br>Applesauce Cup<br>100% Juice<br>Milk                            | *Nutri-Grain Bar<br>String Cheese<br>Apple Slices<br>100% Juice<br>Milk | *Pancake Wrap<br>Syrup<br>Strawberries<br>100% Juice<br>Milk     | *Cinni Sticks<br>Peaches<br>100% Juice<br>Milk               |
| 10   | 11  | 12  | 13   | 14   |
| *Cereal/*Toast<br>Applesauce Cup<br>100% Juice<br>Milk | Yogurt Parfait<br>*Granola/Strawberries<br>100% Juice<br>Milk                     | French Toast/Syrup<br>Sausage Patty<br>Pineapple<br>100% Juice<br>Milk  | *Long John<br>Peaches<br>100% Juice<br>Milk                      | Egg Omelet/*Toast<br>Apple Slices<br>100% Juice<br>Milk      |
| 17   | 18  | 19  | 20   | 21   |
| *Cereal/*Toast<br>Raisins<br>100% Juice<br>Milk        | *BB Muffin<br>Banana<br>100% Juice<br>Milk  | *Breakfast Pizza<br>Watermelon<br>100% Juice<br>Milk                    | *UBR<br>Mixed Fruit<br>100% Juice<br>Milk                        | *Breakfast Wrap<br>Applesauce<br>100% Juice<br>Milk          |
| 24   | 25  | 26  | 27   | 28   |
| <b>NO SCHOOL</b>                                       | *Cereal Bar/Yogurt<br>Pears<br>100% Juice<br>Milk                                 | Egg Omelet/*Toast<br>Melon/Grapes<br>100% Juice<br>Milk                 | *Waffles/Syrup<br>Strawberries<br>100% Juice<br>Milk             | *Cinnamon Roll<br>Clementines<br>100% Juice<br>Milk          |

Please deposit money in your child's account on a regular basis.

\*Whole Grain Product -WG

100% Juice

Alternate Entrée

Mon-Fri- \*Cereal/\*Toast



**Breakfast** \$ 1.30 per day

**Reduced Breakfast** \$ .30 per day

**Adult Breakfast** \$ 1.55 per day

**Elementary Lunch** \$ 2.70 per day

**BMS 5-8th** \$ 2.80 per day

**High School 9-12** \$ 2.90 per day

**Reduced Lunch** \$ .40 per day

**Adult Lunch** \$ 3.65 per day

**Free & Reduced Lunch Applications**

(Available at all school offices, online, or call 641-792-5797 ext. 2001)

"This institution is an equal opportunity provider and employer"

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Menu Prepared By: **Cristy Croson**

Food Service Supervisor

641-792-5797 ext. 2001