



NEWTON COMMUNITY SCHOOLS

BREAKFAST MENU-DECEMBER 2018



Lo-Fat Milk will be served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
	Please deposit money on a regular basis and keep a positive balance.			
3 *Cereal/*Toast Applesauce Cup 100% Juice Milk	4 *Frudel (Cherry or Apple) Mixed Berries 100% Juice Milk	5 *Biscuits & Gravy Banana 100% Juice Milk	6 *French Toast/Syrup Yogurt Pineapple Melon 100% Juice Milk	7 *Cinni Sticks Mixed Fruit 100% Juice Milk
10 *Cereal/*Toast Applesauce Cup 100% Juice Milk	11 *Mini Cinn. Donut/Yogurt Blueberries 100% Juice Milk	12 *Breakfast Pizza Banana 100% Juice Milk	13 *Cinnamon Roll Strawberries 100% Juice Milk	14 Egg Omelet/*Toast Peaches 100% Juice Milk
17 *Cereal/*Toast Pineapple/Straw. 100% Juice Milk	18 *Pretzel/C. Cheese Apple Slices 100% Juice Milk	19 *Pizza Brkt. Boat Mixed Fruit 100% Juice Milk	20 *Long John Pears 100% Juice Milk	21 Egg Omelet on *Tortilla Fresh Fruit 100% Juice Milk
24	25	26	27	28
HOLIDAY BREAK		HAPPY NEW YEAR		

Please deposit money in your child's account on a regular basis.

*Whole Grain Product -WG
100% Orange Juice

Alternate Entrée

Mon-Fri- *Cereal/*Toast

7th-12th - additional breakfast entrée options

Free & Reduced Lunch Applications

(Available at all school offices, online, or call 641-792-5122)

"This institution is an equal opportunity provider and employer"

Elementary Lunch	\$ 2.70 per day
BMS 5-8th	\$ 2.80 per day
High School 9-12	\$ 2.90 per day
Reduced Lunch	\$.40 per day
Adult Lunch	\$ 3.65 per day

Breakfast	\$ 1.30 per day
Reduced Breakfast	\$.30 per day
Adult Breakfast	\$ 1.55 per day

Menu Prepared By: **Cristy Croson-SNS**

Food Service Supervisor

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